Centrally situated apartments situated opposite the stadium. Each comprising two bedrooms, lounge, dining room, bathroom, kitchen and enclosed balcony

Visit our website www.michaeliames.co.za Ref: 53 & 54

. AUCTIONEERS . APPRAISERS . YALLIERS . PROPERTY CONSULTANTS

10% Deposit + Commission on fall of the hammer, balance on transfer FICA Documentation will be required for Auction Registration.





On behalf of Coega Development Corporation (Pty) Ltd, offers the following on site construction vacancy for the proposed construction development of the Alterations and Additions to the CDC Construction Village Phase 1C - Port Elizabeth

Construction Manager

The above full time position is to be filled immediately for current project under construction for project duration of a minimum of 6 months with possible extension to 12 months.

Relevant qualification and a minimum of 5 years experience relevant to the specific post is a pre-requisite

> Submit 2-page CV with contactable references to: **Acro Consortium** 043-7270299 e-mail: <u>designacro@saol.com</u>

> > Inspection Services

R212 106 per annum

Enquiries: Mr P. Pillay, tel. 041 407 4019.

Eastern Cape

applications forwarded to any other address besides those indicated above.

documents as indicated above. Persons with disability are encouraged to apply

agriculture, forestry & fisheries

Agriculture, Forestry and Fisheries

REPUBLIC OF SOUTH AFRICA

APPLICATION ENQUIRIES: URS Response Handling, tel. 012 811 1900.

Port Elizabeth and Bloemfontein

Directorate:

Salary:

Centres:

Pretoria:

Cape Town:

Stellenbosch:

Nelspruit:

Makhado:

Pietermaritzburg:

King William's Town:



Senior Agricultural Food and Quarantine Technician (2 Posts) (Ref 19/2014)

Department of Agriculture, Forestry and Fisheries

Requirements: Applicants must be in possession of a National diploma or Bachelor's (B.Sc.) degree in Agriculture with

Plant Pathology, Entomology, Plant Production, Horticulture, Botany, Biotechnology, Plant Genetics and/or Crop Production

(Agronomy) as a major subject(s) (you are required to furnish a credit certificate and/or statement of results). Knowledge of

and experience in agricultural law enforcement, relevant industries, generic administrative procedures and supervision of staff.

Good knowledge of and experience in the Agricultural Pests Act, 1983 (Act 36 of 1983), the Genetically Modified Organisms

Act, 1997 (Act 15 of 1997) and the Plant Improvement Act, 1976 (Act 53 of 1976) as well as the provisions of the International

Plant Protection Convention (IPPC). Knowledge of the following agreements: the World Trade Organisation's agreement on

the application of Sanitary and Phytosanitary measures (WTO-SPS), the IPPC, the Convention on Biological Diversity (CBD)

and the International Seed Testing Association (ISTA). Basic computer skills in MS Office software. Good problem solving

planning, organising, conflict handling, interpersonal relations and communication skills. Must be capable and willing to conduct

inspections inter alia, in rail trucks, on trucks, ships, in containers, cold storage, etc. Willingness to travel and work away from

Duties: The incumbent will be responsible to enforce the relevant Acts to ensure that regulated articles, plants and plant

products comply with the set Phytosanitary requirements. This includes the independent planning and conducting of inspections

and the auditing of assignees. Inspections include, sampling, testing, conducting surveys and enforcing requirements of control

measures. Conduct inspections away from his/her station as well as overnight away from his/her station when necessary

Render services on short notice and after hours at or away from his/her station when necessary. Execute administrative tasks

as well as supervise and train staff where applicable. Offer regulatory services pertaining to other legislation and internationa

CLOSING DATE: 14 MARCH 2014

APPLICATIONS: Applications may be posted to URS Response Handling, P. O. Box 11506, Tierpoort, 0056 or submitted

electronically via email: daff@ursonline.co.za or via fax: 086 654 1824 or online: www.ursonline.co.za or deposited in the

Reception (2nd Floor), 27 Brown Street, (Building), Nelspruit, Mpumalanga.

The Department of Agriculture, Forestry and Fisheries and Ultimate Recruitment Solutions (URS) will NOT accept liability for

NOTE: It is the Department's intention to promote equity through the filling of posts, according to the set Employment Equity

targets. To facilitate this process successfully, an indication of race, gender and disability status is required. Applications must

be submitted on a Z83 Form, obtainable from any Public Service department or on the internet at http://www.info.gov.za/

documents/forms/employ.pdf which must be signed (an unsigned Z83 form will disqualify an application) and should be

accompanied by a recently updated, comprehensive CV as well as copies of all qualification(s) [Matric certificate must also

be attached] and ID-document and Driver's licence [where applicable]. Non-RSA Citizens/Permanent Resident Permit Holders

must attach a copy of his/her Permanent Residence Permit to his/her application. Should you be in possession of a foreign

qualification, it must be accompanied by an evaluation certificate from the South African Qualification Authority (SAQA). Failure

to submit all the requested documents will result in the application not being considered. Correspondence will be limited to

short listed candidates only. If you have not been contacted within three (3) months after the closing date of this advertisement,

please accept that your application was unsuccessful. Applicants will be expected to be available for selection interviews and

competency assessments at a time, date and place as determined by the Department. Suitable candidates will be subjected

to a personnel suitability check (criminal record check, citizenship verification, financial/asset record check, qualification/

study verification and previous employment verification). Successful candidates will also be subjected to security clearance

processes. Where applicable, candidates will be subjected to a skills/knowledge test. Successful candidates will be appointed

on a probation period of twelve (12) months. The Department reserves the right not to make appointment(s) to the advertised

post(s). Applications submitted via email, fax or online must include the post title and reference number in the subject line and a

scanned, **signed** Z83 form (**a Z83 form without a physical signature will disqualify an application**) together with all relevant

Reception, Agriculture Place, 20 Steve Biko Street (formerly Beatrix Street), Arcadia, Pretoria, Gauteng.

Reception (Ground Floor), Foretrust Building, 3 Martin Hammerschlag Way, Foreshore, Cape Town,

Reception (Support Building), Quarantine Station, Polkadraai Road, Stellenbosch, Western Cape.

Reception (5th Floor), Old Mutual Building, 185 Langalibalele Street, Pietermaritzburg,

Reception (Ground Floor), Old SABC Building, 2 Hargreaves Avenue, King William's Town,

Reception (Ground Floor), Magistrates Building, 103 Landros street, Makhado, Limpopo.

Reception (3rd Floor), PRD Building, 2 Sutherland Street, Mthatha, Eastern Cape.

URS Response Handling boxes at any one of the Department of Agriculture, Forestry and Fisheries' offices indicated below:

nome/office on short notice, work irregular hours (shifts) and overtime. A valid driver's licence and the ability to drive



NOTICE OF ENVIRONMENTAL IMPACT ASSESSMENT PROPOSED SEAVIEW LOW **COST HOUSING DEVELOPMENT**

Notice of an Environmental Impact Assessment (EIA) and associated Public Participation Process is given in terms of Section 54 (3) of the EIA regulations published in Government Gazette No. R543 under Section 24(5) of the National Environmental Management Act (Act no. 107 of 1998) that an application has been submitted to the Department of Economic Development, Environmental Affairs and Tourism (DEDEAT) for the construction of the Seaview Low Cost Housing Development and associated infrastructure.

Activity Location and Description: The proposed project will be located in Seaview

close to Zweledinga and New Rest informal settlements. The project will provide formal housing for current residents of these settlements.

Proponent: Nelson Mandela Bay Municipality

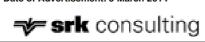
Consultant: SRK Consulting

Postal address: P.O. Box 21842, Port Elizabeth, 6000 Phone: (041) 509 4800,

Fax: (041) 509 4850, Email: wmarais@srk.co.za To receive information or make comments on the proposed development, please register as an Interested and Affected Party by sending a

facsimile, written letter or e-mail to Wanda Marais

of SRK Consulting. Date of Advertisement: 5 March 2014



NOTICE OF BASIC ASSESSMENT: PUBLIC PARTICIPATION PROCESS

DEA Reference No: (12/9/11/L1390/1)

Project Title

Proposed Remediation of Transnet National Ports Authority's (TNPA) Vulindlela Site, Port of Port Elizabeth, Eastern Cape. **Project Description**

Transnet National Ports Authority (TNPA), an operating division of Transnet SOC Limited (Registration No 1990/000900/30), wishes to apply for a Waste Management License (WML) for the remediation of the Vulindlela site which has a low level of surface contamination. There is a small potential for asbestos containing waste (ACW) to be present on the site. Therefore the remediation will involve the removal of any asbestos contamination and the removal of scrap metal fragments from the site.

This serves as notification that a Basic Assessment process is being undertaken on behalf of TNPA for the proposed remediation. The project will require a WML in terms of the National Environmental Management: Waste Act (NEMWA) (no 107 of 1998): 'GNR 921 Category A (8): The remediation of contaminated

An application to this effect has been submitted to the Department of Environmental Affairs (DEA). WSP hereby wishes to notify all interested and affected parties (I&APs) that the Background Information Document and the draft Basic Assessment Report are available for review from Thursday the 6th of March at www.wspgroup.com/en/Welcome-to-WSP-Africa/WSP-Africa/About-WSP-Africa/public-documents/

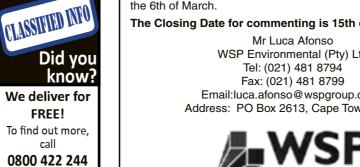
Opportunity to participate

Interested and Affected Parties (I&APs) are invited to register their interest in this project. I&APs must provide their comments on the draft Basic Assessment Report (BAR) together with their name, contact details (preferred method of notification e.g. email, fax) and indicate any direct business financial or personal interest which they may have in the application. Comments on the draft BAR must be received within 40 days commencing on the 6th of March.

The Closing Date for commenting is 15th of April.

WSP Environmental (Pty) Ltd Tel: (021) 481 8794 Fax: (021) 481 8799 Email:luca.afonso@wspgroup.co.za Address: PO Box 2613, Cape Town, 8001









NOTICES

INTERRUPTION TO ELECTRICITY SUPPLY: GREENACRES SUNDAY, 9 MARCH 2014

Residents are kindly requested to note that the electricity supply to Greenacres and surrounding areas will be interrupted between the hours of 14:h00 - 17:00 on Sunday, 9 March 2014 due to maintenance on the Greenacres 11 kV switchboard

If the interruption has to be postponed due to inclement weather, the alternative date is Sunday, 16 March 2014. Areas bounded by: Sections of Parsons Hill, Newton Park, Perridgevale, Mount Road, Adcockvale and

Mill Park around Greenacres shopping centre As there is no guarantee that supply will be off throughout the whole period stated, installations in all

premises must still be regarded as being live during these hours For any queries in this regard please quote the following number: E-09/03/14/02

Ref. 29 (Vote 14750135)

SUPPLY CHAIN MANAGEMENT (SCM)

TENDERS

Tenders are invited for the following:

IT'S THAT EASY!

Documents for the following tenders can be obtained at the applicable non-refundable amount per set at Supply Chain Management Tender Office, Harrower Road North End, Port Elizabeth 6001, fax 041 5061969, tel. 041 506 3135, or by prior notification from the Uitenhage Supply Chain Management Office, 17 Sellick Street, Uitenhage, tel. 041 994 1111

This after payment has been made in Port Elizabeth at the cashiers. Mfanasekhava Goobose Building (formerly Eric Tindale Building), Govan Mbeki Avenue or in Uitenhage at the Treasury Office, Market

When payment is made, please quote the following information: Vote 1001547769

On cash/cheque payment: On bank transfer payment: Account name:

Bank account number: 4079533826, Code 632005 N.M.B.M. - Deposit Account/Primary Deposit account

ABSA Bank, P.E. Reference: Vote 1001547769

Proof of payment must be provided.

NB: Tender Validity Period:

Contract Enquiry No.	Construction/Services/Goods – Value exceeding R1 000 000, including VAT	Tender Fee
C/E 114/C/2013-2014	New boundary wall at the KwaMagxaki Sportfield.	R170
ESTIMATED CIDB GRADING 3GB OR HIGHER	Compulsory clarification meeting: Wednesday, 12 March 2014 at 11:00 at the main entrance to the KwaMagxaki Sportfield, cnr Ralo and Orleyn Streets.	
C/E 115/C/2013-2014	New boundary wall at the Wallabies Rugby Ground, Walmer.	R170
ESTIMATED CIDB GRADING 3GB OR HIGHER	Compulsory clarification meeting: Wednesday, 12 March 2014 at 09:00 at the main entrance to the Wallabies Rugby Ground, Fountain Street, Walmer.	
CE 132/C/2013-2014	Zwide Bulk Stormwater - Stage 1	R170
ESTIMATED CIDB GRADING 4CE OR HIGHER	Compulsory clarification meeting: Friday, 14 March 2014 at 10:00, cnr Bafana and Qeqe Streets, Zwide.	
Contract Enquiry No.	Construction/Services/Goods - Value below R1 000 000, including VAT	Tender Fee
C/E 138/G/2013-2014	Supply and delivery of a new GPS system.	R110
Tandevare amining 10 minutes late will not be allowed into a clarification masting		

Tenderers arriving 10 minutes late will not be allowed into a clarification meeting.

All tenderers must be registered on the Municipality's supplier's database. The Municipality reserves the right not to consider the tenders of tenderers not registered on the Nelson Mandela Bay Municipality's supplier's database. Please phone 041 506 3274 or 041 506 3266, fax 086 514 4305, or email: scmdatabase@mandelametro.gov.za to register, if not yet registered

SUBMISSION AND OPENING OF TENDERS

Tenders must reach the Municipality by not later than 11:00 on: THURSDAY, 20 MARCH 2014 – CE 114/C/2013-2014 and CE 115/C/2013-2014

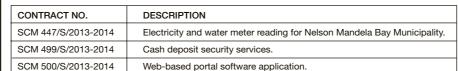
THURSDAY, 27 MARCH 2014 - CE 132/C/2013-2014 and CE 138/G/2013-2014

The tenders in sealed envelopes, clearly stating the contract number and description, must be placed in the tender box at either the Supply Chain Management Offices Harrower Road North End, or at the Municipal Offices, Market Street, Uitenhage between 8:00 and 16:00 weekdays. Tenders will be publicly opened simultaneously in the boardroom, Supply Chain Management Office, Harrower Road, North End, Port Elizabeth and the Conference Room, first floor, Municipal Offices, Market Street, Uitenhage, shortly after 11:00 on the applicable Thursday.

The Council does not bind itself to accept the lowest or any tenders and late tenders will not be

The Council promotes the use of previously disadvantaged small and medium contractors. Details of the preference formula appear in the Supply Chain Management Policy of the Municipality and can be obtained from the Director: Supply Chain Management, Harrower Road, North End, Port Elizabeth.

NB: The following contracts have been cancelled and will be re-advertised in due course:



Ref. 36 - 5 March 2014

Under the hand of the Acting City Manager, Mr Mpilo Mbambisa **TOGETHER WE HAVE DONE MORE!**



columnist Kanchana Moodliar



TOP WRITER: Sunday Times MEDICAL EXPERT: Colette Kell co-authored the book

Diabetes book for Indians

Cultural group at higher risk

Balisa Ntloko

ntlokob@timesmedia.co.za

IABETES awareness advocates and co-authors of You Can Be Sugar Free: Indians vs Diabetes, Dr Colette Kell and Kanchana Moodliar, believe there is a higher risk among South African Indians to become diabetics than other races in South Africa and in the

With a wide range of experience in the medical field, Kell approached Moodliar, who had a keen interest in the wellness industry and knowledge about the Indian market. Through this "perfect partnership", the idea of their book was born.

Kell, 34, is a homeopath and treats a number of South African Indian patients who suffer from polycystic ovary svndrome and who are often prone to diabetes.

Kell realised that she "drew a blank from patients" when she asked them whether they had diabetes or not. However, if she asked them if they had "sugar", patients would respond immediately as though they knew what she was talking about.

"You Can Be Sugar Free: Indians vs Diabetes is the first book that takes race, diet, progress, lifestyle and culture into consideration [in order] to help people see how easy a small regular change can prevent diabetes in the long run," Moodliar said.

Lifestyle coach, yoga instructor and Sunday Times columnist Moodliar, 34, became interested in diabetes after both her father and brother were diagnosed with pre-diabetic symptoms three years ago. She said the Indian diet and lifestyle was causing "more harm than good - we have the power and intelligence to reclaim our health – we just need to know how.

"High fat and excessive carbohydrate-rich diets cause diabetes and not just consuming sugar as was previously believed. Most Indian households cooked in large amounts of oil. target group - in the area.

So this is a high fat and carb meal.

"For example, mutton curry with potato and white rice. These are two carbs, lots of oil and usually eaten at night. This is when you should be eating the smallest meal of the day, not the heaviest. Couple this with a general lack of movement and exercise and stress and you have a recipe for diabetes," Moodliar said.

South African Indians love taste and "to ensure that they know that we have not skimped on taste to bring in health - we asked the masterchef Deena Naidoo to compile our vegetarian recipes. So the book comes with a low GI meal planner that can be placed on the fridge for ease of reference so people know exactly what to eat and

when," Moodliar said. "Although there are a lot of books which comment on diabetes in relation to the Western culture, Indian culture specific health information is scarce."

Kell said the book reception had been "brilliant, from both readers and patients. People have been sending us e-mails saying it felt good to finally have someone talk to them in a language they can understand.

Anyone interested in hearing about diabetes-related issues is invited to attend the free book launch. Following last vear's launch in Durban, the Bay is the second city to launch the book.

The two authors said they have planned to launch the book across the country. The self-published book would also be available during the launches at R150.

Moodliar said their talks would be "an easy way for people to know facts about diabetes, that would help them live more prosperously as far as their health is concerned. We will challenge your current habits and help you make the necessary changes like exercise."

She said they chose to hold the launch in Malabar because eat white rice or bread with a of the high concentration of curry filling. Often the curry is South African Indians – their

Group to host launch

Group will host Dr Colette Kell and Kanchana Moodliar's book launch at the Malabar Community Centre's minor hall on

Tuesday March 11 at 7pm. The support group is an associate member of Diabetes South Africa, Port Elizabeth Branch, and was relaunched in 2012 to educate and advise di-

THE Malabar Diabetes Support how to live a healthier lifestyle. There are about 30 members between ages 12 to 80 years that meet for about an hour, two Tuesdays every month at the Malabar Community Centre Minor Hall at 7pm.

to everybody. • Further information from Surendra Daya, 083-653abetics and their families on 1491 or (041) 457-4576.

The group is free and is open

HEALTH BRIEF

Cancer treatment costs rising

THE cost of treating cancer has risen significantly in South Africa in recent years, as more and more people are being diagnosed with the disease. This is largely due to the rise in "lifestyle cancers" as a direct result of the increasing adoption of 'Westernised' lifestyles.

According to Melvyn Freeman, head of non-communicable diseases for the Department of Health, the state is considering a "sugar tax" to encourage South Africans to consume less sugar as a means to drive the preventable cancer campaign which also includes consuming less alcohol and tobacco products. - Profmed



URS