

GUIDELINE FOR INTEGRATED MANAGEMENT OF CONSTRUCTION WASTE

Waste is broadly defined by the Department of Water Affairs in 1994 as: 'an undesirable or superfluous by-product, emission, residue or remainder of any process or activity'. An integrated approach to waste management on site is needed. Such an approach is illustrated in the figure below.

The Integrated Waste Management Approach to Waste



Source: <http://www.enviroserv.co.za/pages/content.asp?SectionId=496>

1. Waste Assessment

A detailed waste assessment is necessary to understand the waste types and volumes being produced. In order to achieve this, construction practices must be measured and analysed.

2. Waste Plan

A waste plan must be developed to provide appropriate solutions for managing the entire waste stream on site. The objective of the plan should be to reduce the volumes of waste to disposal and thereby to reduce the cost of management of the waste stream without compromising environmental standards. The plan should include recovery, re-use and recycle recommendations.

Construction Waste Management is the practice of reducing the actual waste that goes to the landfill site. Waste reduction is best met by recycling, and construction wastes offer several opportunities in this regard. In fact, 80% of the wastes found in construction waste piles are recyclable in some form or another. Wood, concrete, bricks, metals, glass and even paint offer several options for recycling.

There are three basic steps for construction waste management, i.e. Reduce, Reuse, and Recycle. **Reduce** is the prevention of the waste from arising and optimising material usage. Waste avoidance and waste reduction can be achieved through improved education and training - by improving efficiencies and by making staff environmentally aware.

Reuse is using existing materials instead of throwing these away. Reusing does not mean that it needs to be reused on the same construction site. Selling or donating waste materials to a third party is one option of construction waste management.

Recycle is somewhat limited since it only allows for those items that can be used on-site. The most important step for recycling of construction waste is on-site separation. Initially, this will take additional effort and training of construction personnel. Targets should be set for the levels of recycling. Once separation habits are established, on-site separation can be done at little or no additional cost.

3. What to Recycle

Before recycling construction waste, identify who will accept it. This is important in designating type of waste to separate, and in making arrangements for drop-off or delivery of materials. Materials that can be recycled include:

- » Cardboard and Paper
- » Wood

- » Metals
- » Plastics
- » Glass
- » Paints, Stains, Solvents and Sealants
- » Oil

4. Materials Separation

Successful recycling requires good clean uniform collections of single waste types. This is most effectively achieved by separating the waste streams close to source rather than at the landfill site. Containers for material recycling must be set up on site and clearly labelled. Construction personnel must be trained in material sorting policy, and bins must be monitored periodically to prevent waste mixing as a result of construction employees throwing rubbish into the bins.

Some materials will require bins or storage that protect these from rain. Other bins may be locked to prevent tampering.

5. Recycling and Waste Minimisation Guidelines

- » *Wood*
 - * Optimise building dimensions to correspond to standard wood dimensions in order to reduce the need for cutting.
 - * Store wood on level blocking under cover to minimize warping, twisting and waste.
- » *Metals*
 - * During construction, separate metals for recycling, including copper piping, wire, aluminium, iron and steel, nails and fasteners, galvanized roofing. It is critical to keep lead out of landfills because it could leach into groundwater.
- » *Cardboard and Paper*
 - * Avoid excessively packaged materials and supplies. However, be sure packaging is adequate to prevent damage and waste.
 - * As far as possible, use recyclable packaging.
 - * Separate cardboard waste, bundle, and store in a dry place.
 - * Minimise the number of blueprints and reproductions necessary during the design and construction process.
- » *Plastic*
 - * Avoid excessively packaged materials and supplies. However, be sure packaging is adequate to prevent damage and waste.
 - * As far as possible, use recyclable packaging.

Since more than 60 different types of plastic resins exist, the Plastics Federation of South Africa has adopted a voluntary number coding system for each category of plastics to aid in their sorting by material type for recycling (Bruyns et al, 2002). The most common resin types are itemised in Table 1.

Table 1: Identification System for Plastic

Id Number	Plastic Resin Type
1	PET (polyethylene terephthalate)
2	HDPE (high-density polyethylene)
3	PVC (polyvinyl chloride) or V (vinyl)
4	LDPE (low-density polyethylene)
5	PP (polypropylene)
6	PS (polystyrene)
7	Other (laminates, etc.)

» *Paints, Stains, Solvents and Sealants*

* Unused materials should be taken to a hazardous waste collection facility.

6. On-site Management

Good supervision of the waste management programme on site is critical to success. Management of the entire on-site program is critical to ensure smooth operations.

7. Auditing and Control

The success of the waste plan is determined by measuring criteria such as waste volumes, cost recovery from recycling, cost of disposal. Recorded data can indicate the effect of training and education, or the need for education. It will provide trends and benchmarks for setting goals and standards. It will provide clear evidence of the success or otherwise of the plan. Finally, good record keeping and control, becomes a continuous waste assessment process, allowing the waste plan to be improved and adjusted as required.

8. Useful contacts:

<http://www.transpaco.co.za/page5.htm>

Transpaco, a manufacturing and distribution company operating extensively in the plastics and packaging industries, conducts plastic reclamation and recycling.

<http://www.jclenterprises.co.za/>

JCL Enterprises for plastic sales of quality recycled plastic materials as well as the recycling of plastic.

<http://www.rosefoundation.org.za/>

The Rose Foundation specialises in the collection and recycling of used motor (engine) oil.

Information Sources:

<http://www.greenbuilder.com/sourcebook/ConstructionWaste.html#Guidelines>

<http://www.enviroserv.co.za/pages/Content.asp?SectionID=587>

<http://www.enviroserv.co.za/pages/content.asp?SectionId=496>

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